

Ideas for Activities for Special Education Teachers to Send Home to enhance Instruction in the Home

- If students are in any Direct Instruction programming, worksheets can be sent home in a packet from lessons that have already been taught by the teachers/staff. These sheets include Seatwork or Independent Work that does not require instructions to be given by the teacher. The teacher can make copies of these worksheets and make packets according to subject.
- Teachers Pay Teachers: This is a very helpful resource from which you can access several free materials. Teachers might be able to access some of the following:
 - For students practicing Activities of Daily Living, a chart that includes activities such as brushing your teeth, washing your face, washing your hands, putting on deodorant, etc. can be incorporated at home. Teachers can tell parents the skills the learner is working on at school and to have the learner practice at home.
 - For students practicing prevocational skills, a chore chart can be utilized. For target activities done in school, such as running a vacuum, wiping the table, sorting silverware, using a broom and dustpan, sorting cups/plates, etc., the teacher can identify which “chores” are being targeted at school and the parents can have them practice at home.
 - Fine motor skills: Teachers can print out pages for learners to practice cutting different patterns.
 - Reading comprehension: There are free resources for worksheets that have short stories and learners have to answer questions regarding the stories. There are also simple “Following Directions” worksheets that would fall under the realm of reading comprehension, where learner have to read the directions and complete the instructions.
- For learners whose primary mode of instruction is intensive teaching and mand training, there are a few options:
 - The teacher can make a list of the items that are being targeted, as well as items that have recently been acquired. It is easy to make a simple chart (or find one on [teacherspayteachers.com](https://www.teacherspayteachers.com) that is editable) that lists these skills and the parents can practice at home with actual objects or pictures of objects on a computer or tablet (if pictures are needed). This is also great practice for Natural Environment teaching, and this would fall under the realm of generalization of skills. For example, if a student has just acquired or has a target for parts and features of the microwave, this would be listed on the sheet and the parent can practice this skill at home.

- It is also possible for the teacher to simply send home the portions of the Assessment Summary Packet that have been completed so that parents can practice skills at home.
- Natural Environment activities at home can be accomplished through reading a book, playing a game, and doing general every day activities at home. The teacher can give a list of these ideas to the parents for any specific vocabulary or skills to focus on during these activities.
- For learners being instructed in Skillstreaming, teachers can print a homework sheet for each skill that has been taught for the learners to practice at home. The Skillstreaming homework sheets list the steps in the skill so that the parent is aware of what to be looking for.